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There is considerable variation with respect to beliefs about twins. Lowie (1939, 305) wrote that "People liked twins and sometimes laughed at one of them, saying 'That man does more work than others' (because he is double)." Susie Dick reported that Sadie had twins and one was buried alive. [847] Manta said that one of a pair of twins always died, and that when she buried one of her twins the other one had died in sympathy. Another informant said [777] that one of a pair of twins died at birth in Waco Valley, and that it was generally bad luck to have twins.

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If the mother would not tell who the father of a newborn child was, the child may have been allowed to die. A few informants deny this, but some say that if the mother desired to keep the child she was always free to do so.

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Lowie (1939, 305) wrote that "A barren woman sometimes adopted her cousin's child and kept it for good. If a woman died in childbirth, her mother took care of the infant."

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Certain positions of sexual intercourse were considered better for producing boys and certain for girls. Also a game of string figures like "cat's cradle" was played by women to determine the sex of an offspring.

Girl's Puberty

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When a young girl between 12 and 14 years of age first began to menstruate (gumisásum) she told her mother. This started a several week period of ritual observances that would officially see her through the change from a girl to a marriageable woman. This ritual prepared her for her life as a woman, generally, and for proper behavior during menstruation in particular.

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Any menstruation involved certain proscriptions, just as did all excretion. One should bury body wastes of all kinds. One should not spit in the fire or burn finger nails. When the hair is cut off it should be thrown in a stream, or buried with a wrapping of sagebrush bark deep in the mud. But burning was prohibited. It would be a terrible thing to burn a baby's feces, for example.

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Whenever menstruation occurs the woman is forbidden salt, meat, fish, or fat of any kind. The flow lasts longer for those who eat meat. She should not scratch herself. When her menstruation is over she should wash in cold water, but to drink or bathe in cold water during menstruation would cause sickness. Eating ice cream today by menstruating women is sometimes explained as the cause of sicknesses.